

# The Shepherd's Messenger

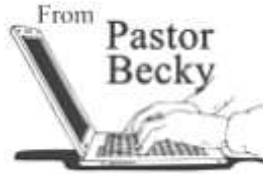


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KNOWING JESUS AS THE GOOD SHEPHERD & SHARING THE RISEN CHRIST WITH ALL.

## Cast Your Cares on Him



**Therefore, humble yourselves under the mighty hand of God, that He may exalt you in due time, casting all your care upon Him, for He cares for you. 1 Peter 5: 6-7**

God is not only interested in the big things that concern you; He is interested in the little things too. Sometimes we may think, this problem is too small to bother God with. God is only interested in big things. But God really is interested in the little things that trouble us. The Bible says that He knows about the little sparrow that falls to the ground (Matthew 10:29). He knows how many hairs we have on our heads.

I wonder how many of us aren't really casting our cares on the Lord. I hear so many people say that they're burdened with cares—finances, the economy, the world, their kids—and that they've given them to God many times. But how can you give something to another person so many times unless you're taking it back each time? I'm not sure we're actually giving them to God at all. Here's the danger in that: even if you're reading the Bible, the cares of this world can choke the Word of God if you keep hanging onto them.

A verse I love from the Book of Psalms is: "You number my wanderings; put my tears into Your bottle; are they not in Your book?" (Psalm 56:8). This verse is saying that God knows every tear you shed. God knows what is troubling you right now. He cares about the prayers of the smallest children as much as He cares about the prayers of their parents or their grandparents. That is why the Bible says, "Casting all your care upon Him, for He cares for you" (1 Peter 5:7).

Many times, when we are going through times of trial or times of hardship, we can't see God. Nor can we feel God. But God sees us. And as Proverbs 15:3 reminds us, "The eyes of the Lord are in every place, keeping watch on the evil and the good." The Bible also tells us that Jesus Christ, the Son of God, lives to make intercession for us (Hebrews 7:25). The Scripture is essentially saying that Jesus Christ is pulling for you right now. He is interceding for you. You might even say that He is praying for you. He is paying attention. He cares for you.

### Prayer:

Lord, thank You that I don't have to hold onto the cares of this world. Right now, I give You all the things in my life that worry me. I'm not going to carry them anymore. In Jesus' name, Amen.

Blessings,

Pastor Becky

PLEASE PRAY FOR:  
Our World situation

Others to keep in prayer:

- Norma Andrus
- Todd Baxter
- Bob & Sandy Beard
- Russell Brown
- Virginia Clayson
- Hazel Cornell
- Missy Dabolt
- David Edwards
- Nancy Frazier
- Brian Fries
- Tyler Griffin
- Don Hall
- David Halstead
- Donna Hart
- Bernie Hawks
- Julia Hinkle
- Bob Huddleston
- Katie Kellogg
- Sandy Lathrop
- Bruce Metler
- Mark Middaugh
- Nellie Moses
- Justin Murphy
- Keith Pierce
- Laroy Spateholts
- Mary Lou Sprague
- Donald Thompson
- Jessica Veiders
- JoAnn Viglietta
- Clint Wilder
- James Woodruff
- Ken Wyant
- Judy Zayac



Please keep our prayer list up to date.

If someone should be added or removed from the prayer list, please submit their name in writing.  
*Thank you!*



**If you have a prayer request, call the prayer chain.**

**Call Ruth Holden at 968-1933**



- 2- Deb Battistoni
- Naomi Scoville
- 4- Marilyn Luckey
- Dwane Wildrick
- 10- Hannah Scoville
- 11- Doug Clayson
- 12- Ruth Holden
- 17 - Lynnette Clayson
- 18- Fred Pearce
- 23- Leah Scoville
- 28- Cheryl Holden



- 10- Fred & Peggy Pearce
- 16- Tom & Judy Krott
- 21- Derwood & Rita Say
- 27- Andy & Emily Nelson

Statistics                      Needed: \$1,767

Date	Worship	SS	Offering
8/30	29		\$1,596.00
8/30		Gil's Hills	\$ 80.00
9/6	29		\$4,723.99
9/6		Gil's Hills	\$ 20.00
9/13	21		\$1,171.00
9/13		Gil's Hills	\$ 50.00
9/20	29		\$1,399.00
9/27	29		\$1,477.00
9/27		Gil's Hills	20.00

October  
Helping  
Hands



Greeter:  
Kevin Kranock

Power Point:  
Rob Cornell

Pianist:  
Christine Berardi

Altar Guild:  
Linda Nelson  
Thela Snow



Do you know of someone who needs a note of cheer? Someone who might be sick, in the hospital, has a birthday, or has a loved one who has passed away?

If you do, please call **Sue Simmons at 585-968-1135**. She is the UMW's **Cheer person**. She sends out cards to those in need of some cheer, so please contact her to let her know.



You can watch **videos of Sunday Sermons from Pastor Becky** on

our website,

[www.cubaumc.org](http://www.cubaumc.org).

Go to "Sermons" page for list of archived videos.

The videos are also posted on the Cuba UMC Facebook page.

DVDs are available. Contact Pastor Becky or Jim.

**Praying for Our Churches, Pastors and Leadership in Cornerstone District:**

**October 4 Bemus Point & Sinclairville: Park UMCs.**  
Pastor Joe Pascoe, his wife Leslie and their daughters Ashley, Taylor & Riley.

**October 11 Little Valley 1st UMC.** Pastor Nancy Preston, her husband Rich and their family.

**October 18 Olean: Trinity & River's Edge UMCs.**  
Pastor Dawn Quesenberry, her husband Michael and their family.

**October 25 Delevan & West Valley: St. Paul's UMCs.**  
Pastor Candy Scarem, her husband Shannon and their family.

**DEBBIE'S RECIPE FOR APPLESAUCE MUFFINS**  
Thela Snow

- 1 cup margarine, softened
- 2 cups sugar
- 3 eggs
- 3 tsp. vanilla (divided)
- 4 cups flour, sifted
- 1 tsp. ground cloves
- 2 tsp. ground allspice
- 3 tsp. cinnamon
- 2 tsp. soda
- 1 -1 lb. can applesauce (2-1/4 cups)



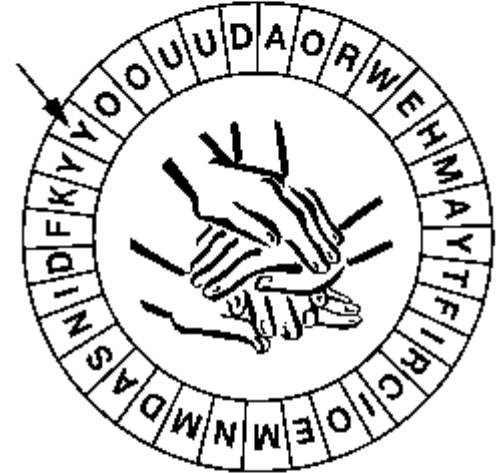
- 1) Cream margarine, sugar, eggs, 1 tsp. vanilla
- 2) Sift flour & spices together and add to creamed mixture.
- 3) Blend 2 tsp vanilla into applesauce, add soda & blend into mixture with wooden spoon.
- 4) Stir until well mixed - batter will be stiff.
- 5) Spoon 1/2 full into greased or lined muffin pan.
- 6) Bake at 400° for 12 minutes. Yield 3 1/2 - 4 dozen

**Peter and Mary Lou Sprague** have moved.  
Their new address is:  
37 Gifford Ave.  
Jamestown, NY 14701-2726

Mary Lou recently had a heart attack. Please keep her in your prayers.

**Puzzle!**

Beginning at the arrow and moving clockwise, write every other letter on the spaces below to discover what Jesus says about his friends.



Y

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JOHN 15:14, NIV

Answer: "You are my friends - if you do what I command." John 15:14, NIV



## COUNCIL OF CHURCHES NEWS

Submitted by Peggy Pearce



Interim President Pastor Jon Ward chaired the meeting of the Cuba Council of Churches held at the North Park Wesleyan Church on Sunday, September 13. This was the first full meeting of clergy and laity since March due to the pandemic.

Church representatives were reminded of the annual **CROP Walk** scheduled for Sunday, October 4 at 1:30 p.m. in Chamberlain Park. This year the option of taking the hour-long walk on your own is available.

The Council presented a \$500 scholarship to Cuba Rushford graduate Alexander Cusumano in June. The regular fundraisers that support this scholarship (Dairy Days Jail Bail and Concert) were canceled this year due to COVID19. The Council will be looking at ways to support the **Scholarship Fund** in 2021.

The **Food Pantry** has been under-utilized during the pandemic; no one could come up with the reason for this. The Cuba Lake Association recently gave a sizeable donation of food that has been shelved and ready for distribution. People requiring assistance should contact Pastor Jon Ward.

Reports from the various church representatives were received:

- Christ Episcopal Church is continuing virtual 9 a.m. Sunday services with radio or internet through WRAQ 92.7, the radio station in Angelica, NY.
- Cuba First Baptist Church is holding in-person worship but with no youth programs at this time. They have a new secretary, Melissa Snopkowski.
- North Park Wesleyan Church has returned to physical services at 9 and 11 a.m. They have a new Youth Outreach ministry (Flame) and a new Youth Small Group. Children's church and nursery ministries have also re-opened.

The Council members voted to continue the **Holiday Assistance Program** this year, although creativity will be needed to insure social distancing and sanitation protocols are followed.

The annual **Thanksgiving/Advent Service** was discussed with several options brought forth including an ecumenical service held at one location and individual services held at each church. A final decision will be made at the next meeting (5 p.m. Sunday, November 8 at Cuba First Baptist Church).

Officers for 2021 were elected as follows: President, Pastor Jon Ward; Vice President, Bill Beck; Secretary, Peggy Pearce; Treasurer, Michael Kunz.

*Thank You!*

**Thank you to everyone** for keeping me in your prayers and sending cards and checking on me. It has been a hard month but I am getting stronger. Please keep me in your prayers on November 3<sup>rd</sup>. I am going to Strong Hospital for procedure to see if the blood clot in my heart has dissolved and for cardio conversion. Miss everyone!

**Bernie Hawks**





## DUDLEY TAILS

*Submitted by Cheryl Wildrick*

The sun began to shine through the bedroom window. Dudley was awake, on this bed... quietly giving himself a bath with his tongue. Soon he sensed his master's presence, and the bath was finished.

Dudley trotted over to his master, with his tail wagging, with a laughing smile, and with a joyful spirit. It was only natural for Dudley to GREET his master before he thought about going downstairs or playing with toys.

Dudley WAITED patiently for his master to give directions for the day. He was filled with anticipation, but not in a hurry to leave the house.

If Dudley were the praying type — he would probably THANK his master for the blessings of affection, family, food, and recreation. (Not necessarily in that order.) Actually, Dudley does thank others. He wags his tail.

As Dudley's master walked toward the stairs, Dudley quickly FOLLOWED. Once downstairs, he followed his master through the kitchen, and eventually to his bowl where he enjoyed his breakfast. On some afternoons, Dudley followed his master outside and into the garage where they hopped into the family car to go for a ride. Dudley enjoyed car rides — unless they led to the vet's office.

Dudley has many interests and a few skills. But what was his PURPOSE? He is too small to tackle a thief, or wrestle a gun from a protester, or rescue a drowning person. But he can entertain. Dudley is a dog... and his main purpose is to make people smile. (God knew that people would sometimes need help, to be happy.) When Dudley is able to visit people, they smile. Especially children who need a friend, or adults that are sick or lonely.

One of the first things that dogs are usually taught.. is to COME when they are called. Dogs must learn to recognize their master's voice... (Dudley can discern his master's voice at quite a distance), and they must love their master enough to be obedient. (Dudley sometimes prefers to follow his nose rather than his ears.) But, the most obedient creatures are often called to a life of service.

Dogs get tired. Maybe one has been working in the field. Maybe one has been helping a police officer. Maybe one has performed a water rescue. Maybe one has been following the sent of a lost child. Maybe one has been playing "keep away".

Maybe one is sick or old. As they age... dogs become tired. What do we do? If they are elderly, we can encourage them to do what they are able to do... but we must realize that they will need an increasing amount of REST. The older dog has earned it.

We have just read about several things that have allowed Dudley to interact with his master. Let's review:

1. Greet. Dudley greets his master every morning. \*1.
2. Wait. Dudley waits for his master to give direction. \*2.
3. Thank. Dudley thanks his master for meeting his needs. \*3.
4. Follow. Dudley follows his master where ever his master leads. \*4.
5. Find purpose. Dudley responds to his master's call to service. \*5.
6. Come. Dudley answers the request of his master. \*6.
7. Rest. Dudley will rest in the love of his master. \*7.

We belong to our Master. He has bought us, and paid a very large price. Do we greet him in the morning? Do we wait upon his directions? Do we give thanks to him for meeting our needs?

(Continued on Page 6)

(“Dudley Tails” Continued from Page 5)

Are we willing to follow him, where ever he leads? Have we found the purpose he has for our lives? Do we come, when our Master calls? Do we have the assurance that when we rest, at the end of our lives... we will experience the love our Master for all eternity? It’s time to talk to our Master.

- \*1. “Greet one another...” (1 Peter 5:14)
- \*2. “Wait for the Lord; be strong and take heart.” (Psalms 27:14)
- \*3. “... be thankful.” (Colossians 3:15b.)
- \*4 “Whoever serves me must follow me” (John 12:26)
- \*5 “There are different kinds of service, but the same Lord.” (1 Corinthians 12:5)
- \*6 “Come to me” (Matthew 11:28)
- \*7. “Blessed are the dead who lie in the Lord.” (Revelation 14:13)

### Collections for the Food Pantry

The **UMW** collects for the Food Pantry on the **first Sunday of each month**. Please place food in the bin located in the Green Street foyer.



At the present time, the Cuba Council of Churches Food Pantry is well stocked with canned vegetables, canned fruit, canned meals (like Chef Boyardee), Mac & Cheese, dry pasta, pasta sauces, tuna and soup. There are a few shelves, however, where additional items would be helpful: **cereal, boxed meals (like Hamburger Helper) and boxed potatoes (mashed, scalloped, etc.)**. Thank you for all the support you have given the Food Pantry through the years.



Time to get in shape for the **Annual Crop Walk**, the community fundraiser for both international help through Church World Service, and also our local Food Pantry. Our local food pantry receives 25% of the amount raised...last year, that was \$1000!

It will be on **October 4, at 1:30 pm** again at Chamberlain Park where walkers will start ... properly socially distanced ...from the picnic shelter and walk at their own pace for one hour. Or, if you are uncomfortable walking with others, you can walk your own route, separately.

First, we need people to walk! Then we need *all of the rest of the congregation* to pledge money for that walker to finish the (short) walk. Walkers should also ask their friends and family for support. Last year Cuba United Methodist Church walkers raised \$537! Shall we set a goal of \$600 this year?

Envelopes for walkers to collect their pledges are on the window sill in the back of the church.

Please join us as a walker or a supporter! Cindy Dutton is coordinator for our church.

**SUNDAY  
WORSHIP  
SERVICE**  
11:00 AM  
Mask & Social  
Distancing Required



No groups and activities  
are allowed to use the  
church at this time due  
to COVID-19.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
UMW Food Panty Collection  World Communion Sunday Collection  Crop Walk at Chamberlain Park. 1:30 pm	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19 November Newsletter Deadline Noon	20	21 Trustees Mtg. 6:00 pm Management Team 6:45 pm in Sanctuary	22	23	24
25 Gil's Hills Collection	26	27	28	29	30	31

# The Shepherd's Messenger

CUBA UNITED METHODIST CHURCH  
49 EAST MAIN ST. • CUBA, NY 14727  
WWW.CUBAUMC.ORG • PASTOR BECKY WORTH



*The Shepherd's Messenger* is a publication of the Cuba United Methodist Church, and is published monthly to report news & keep members and friends informed of church programs and events. Deadline for article submission is the third Monday of each month at noon. Please email articles to Editor's email address, or drop articles off to the church office.

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Home: (716) 373-4332

LUKE 18:14, NIV



*"For all those who  
exalt themselves  
and those who  
will be humbled,  
humble themselves  
will be exalted."*

«AddressBlock»

RETURN SERVICE REQUESTED